

Patient Newsletter

Station View
Health Centre

Practice Staff - Dr Rowe

Dr Rowe wishes to thank all patients and friends for their kind get well cards and expressions of concern during his recent illness.

He has now started back at work, but in order to help his rehabilitation, is only working limited sessions, and seeing patients with acute health problems. If you have continuing healthcare needs please see another doctor for the time being.

Speedy Recovery

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Special points of interest:

- Dr Rowe
- Internet Services
- Patient Suggestion
- Health Promotion Room
- Flu Season

Internet Services

Did you know that we are now able to offer GP appointment booking over the internet? You can now book at your convenience (subject to availability) and avoid the need to telephone the practice.

It is also possible to order repeat medication over the internet. The practice is part of a national pilot and we are working with our clinical system supplier to develop this service further.

If you would like to sign up for either or both of these services, please ask for an application form at reception.



Patient Suggestion



The practice recently received the following suggestion.

“Why are over 70s with health problems not given a 12 monthly check up? Other practices do this automatically, they are reminded by the practice every 12 months, some every 6 months. I believe this is the law, whereby they have a full check-up including cholesterol reading, blood pressure and blood counts.”

The Practice Manager, Stuart Tilsley, writes:

We thank you for raising this matter and would respond as follows.

Patients who are over the age of 70 with health problems (and younger ones too) are usually on one or more of the disease registers maintained by the practice. - Registers such as, Diabetes Mellitus, Asthma, COPD, Coronary Heart Disease, Heart Failure, Stroke or Transient Ischaemic Attacks, Hypertension – to name but a few.

Patients with one or more of these ‘Long Term Conditions’ are routinely invited for an annual health check up, and seen more frequently if their condition requires it. Cholesterol checks, blood pressure monitoring and blood tests are frequently included in annual reviews – dependent on individual patient need. The invitation letter explains how to make an appointment, or already provides an appointment date and time.

However, if patients do not have a Long Term Condition we still offer a health check up as required by the NHS:

- to any patient between 16 and 74 years of age and you haven’t seen a doctor over the last 3 years
- to patients over the age of 75, even if you haven’t seen a doctor over the last 12 months.

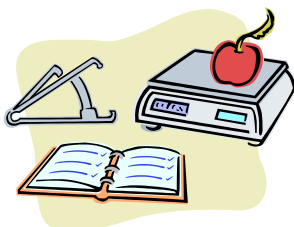
If you fall into either of these categories, please ask at reception to make an appointment with a practice nurse for a health check up.

Health Promotion Room

Did you know you can now weigh yourself and check your own blood pressure in the health promotion room situated just off the waiting room? If you record the information on a short form and hand it in to reception, the data will be added to your health record.

The room also includes leaflets and information on a variety of health conditions so please do take time to explore it!

Members of your Patient Participation Group will be promoting the Health Promotion Room during September so you may receive a personal invitation to go and have a look!



Flu Season

We will shortly be inviting patients who fall into an ‘At Risk’ health group to make an appointment for a flu vaccination. This will be followed by invitations to patients over the age of 65 to make an appointment.

If you fall into either of these priority groups please wait until you receive notification from the practice to make an appointment. You will not be forgotten!

