# Hinckley Central PCN NewsLetter

Summer 2026

## Hinckley Central PCN has taken part in the Oesophageal Sponge Test Pilot

**The oesophageal sponge test is a quick, 10-minute, nurse-led, non-invasive outpatient procedure. Sample cells are taken from the oesophagus to detect Barrett's oesophagus or precancerous changes. A small, dissolvable capsule containing a sponge, is swallowed, collected, and analysed in a lab.**

**Advantage: Fast, requires no sedation, and is highly cost-effective compared to traditional endoscopy**

**Results: The collected cells are analysed for specific biomarkers that indicate pre-cancerous cells.**

**Safety: The test is well-tolerated, though it may feel slightly scratchy during withdrawal.**

***PLEASE NOTE: THIS PILOT HAS NOW ENDED, PLEASE DO NOT CONTACT YOUR PRACTICE.***

## PHARMACY FIRST: Conditions treated by your Pharmacist

- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Earache (aged 1 to 17 years)
- Shingles (aged 18 years and over)
- Sore throat (aged 5 years and over)
- Sinusitis (aged 12 years and over)
- Urinary tract infections (UTIs) (women aged 16 to 64)
- Contraception: New, Reviewed and Emergency

# Available Out of Hours Services

## Women's Health Hub

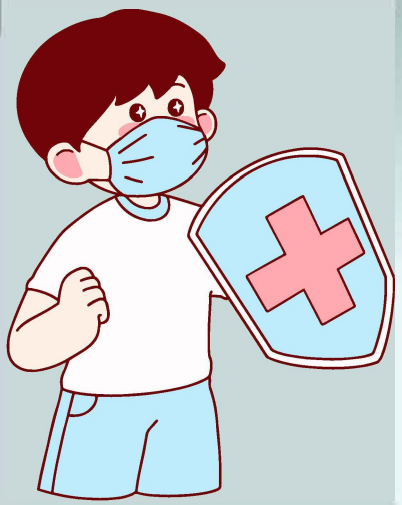
*FREE* LOCAL EVENING & WEEKEND APPOINTMENTS

- Menopause
- HRT initiation & support
- Contraception services
- Period management
- Smear tests
- Gynaecological conditions
- Fertility concerns
- Prolapse / pelvic floor concerns

SCAN HERE!

OR VISIT:
WWW.HBMA GPFEDERATION .CO.UK

hinckley & bosworth medical alliance



## MEN'S HEALTH GP CLINICS IN HINCKLEY & BOSWORTH

- GP CLINICS JUST FOR MEN
- GUARANTEED TO SEE A MALE CLINICIAN
- LOCAL FREE APPOINTMENTS
- ONLINE SELF BOOKING SERVICE
- EVENING AND WEEKEND APPOINTMENTS

1. SCAN THE QR CODE OR VISIT: WWW.HBMA GPFEDERATION.CO.UK
2. REGISTER YOUR DETAILS VIA THE ONLINE FORM
3. A BOOKING LINK WILL BE SENT TO YOUR MOBILE TO BOOK APPOINTMENT

## Need to see a GP or nurse in the evening or at the weekend?

Evening and weekend GP appointments are available to book near you

Ask your GP practice receptionist for more details

When your GP practice is closed call NHS 111.

# Chronic Fatigue/ME Awareness Event

**Held at the Age UK venue in April, the event was a resounding success, drawing an excellent turnout from both patients and services. The feedback we received was overwhelmingly positive and packed with great ideas for our next gathering. A huge thank you to everyone who attended**

**Look out for our next event in March 2027!**